



Winter Park
TECH

Orange County Public Schools

Winter Park Tech

Corporate and Community Training Solutions

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Death, Dying, Palliative and Humor as Care

Course Description:

Death and dying are not easy to deal with. Perhaps you or someone you love is facing an illness that cannot be cured. Few of us are really ready for the hard choices that may have to be made at the end of life. It can be hard for everyone involved-- the dying person, their family and loved ones, and health care providers, too.

Palliative care means taking care of the whole person -- body, mind, spirit -- heart and soul. It looks at dying as something natural and personal. The goal of palliative care is that you have the best quality of life you can have during this time. Some health care providers -- doctors, nurses, social workers, pharmacists, clergy, and others have learned how to give this special kind of care.

Method to show the patients how to use humor to cope when life is threatened

- * offer hope and encouragement to readers dealing with loss;
- * give readers permission to laugh when they feel like crying;
- * explain how popular culture can ease death-related fears; and
- * provide uplifting quotes and jokes.

The ability to laugh at annoyances, crises, and even outright disasters can literally save your life.

Text:

Discussion, Pamphlet, movie

Suggested Prerequisites:

Health care provider and others