



Winter Park TECH

Orange County Public Schools
WINTER PARK TECH
Institute for Corporate and
Community Training
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CPET

(Competency Performance Evaluation Testing)

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CEU Hours:

4 hours

Course Description:

This in-service is not a TEST but it reviews and evaluates the required basic skills of the Home Health Aide (HHA) as well as Nursing Assistants (CNA). This is also an excellent "refresher" course for HHA's and CNA's looking to stay current. CPET was first mandated by the State of Florida in 1990 when they required that these skills must be reviewed yearly by all Home Health Agencies. This class satisfies those requirements.

Text:

A learning packet, containing the "Basics of Nursing" is given to each student.

Attendance:

Students are expected to be in class during scheduled hours and return from breaks promptly. To ensure that each student masters the competencies of the program it is essential that the student is present and actively participates in class throughout the length of the program. **A student is expected to be in attendance at least 90% of scheduled hours of attendance.**

Upon completion each student will:

- Make a re-commitment to proper hand washing
- Observe demonstration of body mechanics, including lifting and moving, transfer of patients, lowering weakened patients to the floor, and rules of ambulation.
- Review safety factors involved with wheelchairs, walkers and canes as well as in-home safety
- Practice correct method of applying AE Hose
- Demonstrate on each other ROM to a weakened arm
- Use required medical abbreviations appropriately
- State methods for preventing the spread of infection
- List the 8 things a HHA is not allowed to do according to the laws of the State of Florida
- Describe the stages of the Grieving Process
- Review guidelines for oral hygiene and baths including bed baths, tub baths and showers
- State the rules for proper documentation including objective and subjective observation
- Review of norms and ranges of Vital Signs including related terminology
- Overview of Food Pyramid and need for increased exercise