



Alzheimer's disease for Nursing Home Training

Target Audience:

Long-term care personnel and staff who have regular contact with or provide direct care to individuals with Alzheimer's disease and other Related Disorders (ARD).

Hours:

Four Hours

Attendance:

Students are expected to be in class during scheduled hours and return from breaks promptly. To ensure that each student masters the competencies of the program it is essential that the student is present and actively participates in class throughout the length of the program. **A student is expected to be in attendance at least 90% of scheduled hours of attendance.**

Books If Required:

None

Course Content:

- Understanding Alzheimer's Disease and other Related Disorders
- Characteristics of Alzheimer's Disease
- Communicating with individuals with Alzheimer's Disease
- Family and caregiver issues
- Caring for the caregiver
- Maintaining a safe and appropriate environment for individuals with Alzheimer's Disease.
- Behavior management
- Assistance with activities of daily living
- Medication information
- Ethical issues and individuals with Alzheimer's disease
- Objectives/Topics to be Addressed: Upon completion of this course the participants will be able to:
 - Distinguish between memory loss with normal aging and Alzheimer's Disease and Related Disorders.
 - Identify the characteristics of Alzheimer's Disease.
 - Use effective communication strategies with individuals with Alzheimer's Disease and other related disorders.
 - Understand the impact of Alzheimer's Disease on family members and implement strategies for involving family members and caregivers.
 - Provide assistance with activities of daily living to individuals with ARD.
 - Create an environment that is safe, secure and supportive for these individuals and the staff, and
 - Identify behavioral symptoms associated with ARD
 - Intervene to modify behavior
 - Identify medications used to temporarily improve or stabilize ARD symptoms
 - Identify common ethical conflicts that may arise when caring for patients/residents with Alzheimer's Disease and other Related Disorders.